

# ALLIED HEALTH

## Nutrition and Dietetics



Do you have a strong interest in nutrition, food and health care? Do you like biology? Do you have the initiative and organizational skills to manage your time in a busy health care environment? Would you like to help people of all ages improve their health through better nutrition? If your answer to any or all of these questions is “yes,” then the Nutrition and Dietetics Program can start you on the path to a challenging career.

Picture yourself in a busy hospital, in partnership with a Registered Dietitian, guiding a patient with heart disease back to health by easing the transition to a low-fat diet. In the Nutrition and Dietetics Program you apply the knowledge that is gained in the classroom in “hands-on” situations. Practical, supervised internship experience in local hospitals, nursing homes, Head Start facilities and other community nutrition programs enables you to practice your skills in patient care and management. These “real world” lessons will also give you the confidence and professional attitudes you’ll need to succeed in your career.

The Nutrition and Dietetics Program has full accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics.

### **A Nutrition and Dietetic Technician, Registered:**

- Applies specialized knowledge of human nutrition and health.
- Combines classroom and supervised practical experience to the field of nutrition, including health care, community nutrition, and food service management.
- Assists the Registered Dietitian/Nutritionist in planning nutrition care for patients.
- Uses computers and other technology for communications.
- Applies knowledge of normal nutrition for the general population, as well as therapeutic nutrition, for a wide variety of disease states and special needs.
- Utilizes acquired skills in food service management.

**For information contact: Dominique Doris, MS, RDN**

**Phone: (203) 285-2389**

**Fax: (203) 285-2400**

**Email: [Dominique.Doris@ctstate.edu](mailto:Dominique.Doris@ctstate.edu)**

# Nutrition and Dietetics Associate in Science Degree

The Nutrition and Dietetics Program mission is to prepare graduates to become entry-level nutrition and dietetics technicians, registered with the competence and adaptability to compete successfully in diverse employment markets wherever food, nutrition, and fitness are emphasized.

## FIRST YEAR:

FALL SEMESTER		CREDITS
HOSP 1109	Food Safety Certification	1
NTRN1001	Introduction to Dietetics	3
MATH 1002	Math for Science and Technology <b>or</b>	3
MATH 1600	Pathway to Calculus: College Algebra	3
NTRN 1002	Nutrition I: Principles of Nutrition	3
NTRN 1020	Foods	3
CCS 1001	College and Career Success	3
<b>TOTAL</b>		<b>16</b>

SPRING SEMESTER		CREDITS
BIO 1111	Cell Biology with Organ Systems	4
COMM 1301	Public Speaking	3
ENG 1010	Composition	3
NTRN 1003	Nutrition Therapy I	3
NTRN 1005	Food Management System	3
<b>TOTAL</b>		<b>16</b>

SUMMER SEMESTER		CREDITS
NTRN 2095	Nutrition Internship I	3
<b>TOTAL</b>		<b>3</b>

## SECOND YEAR:

FALL SEMESTER		CREDITS
CHEM 1110	Concepts of Chemistry	4
NTRN 2000	Nutrition Through the Life Cycle	3
NTRN 2001	Community Nutrition Education	3
NTRN 2195	Nutrition Internship II	3
ENG 1020	English Composition II & Literature	3
<b>TOTAL</b>		<b>16</b>

SPRING SEMESTER		CREDITS
NTRN 2002	Nutrition Therapy II	3
NTRN 2005	Management in Dietetics	3
NTRN 2295	Nutrition Internship III	3
Elective SBSX	Social/Behavioral Science	3
<b>TOTAL</b>		<b>12</b>

**TOTAL DEGREE CREDITS 63**



www.maxpixel.net/static/photo/640/Watermelon-Blueberries-Berries-Fruits-Heart-2367029.jpg



20 Church Street  
New Haven, CT 06510  
CTState.edu

CT State Community College does not discriminate on the basis of age, ancestry, color, national origin, gender identity or expression, genetic information, learning disability, marital status, intellectual disability, physical disability (including but not limited to blindness), present or past history of mental disability, prior criminal record, race, religious creed, sex (including pregnancy and sexual harassment), sexual orientation, retaliation for previously opposed discrimination or coercion, veteran status, members of the CT Civil Air Patrol, victims of domestic violence or any other federal or state protected class in its employment, programs, and activities, unless the provisions of Section 46a-80(b) or 46a-81(b) of the Connecticut General Statutes are controlling or there are bona fide occupational qualifications excluding persons in one of the above protected groups. For information regarding the nondiscrimination, disability, and Title IX policies/procedures, contact: John-Paul Chaisson-Cardenas, Vice President for Diversity, Equity, and Inclusion, CT State Community College, 185 Main Street, New Britain, CT 06051, 860-612-7056 or jp-cardenas@ct.edu.